

Local Wellness Policy: Triennial Assessment Summary

Results, Progress and Goals

1. General Information

School(s) included in assessment: Summersville R-II School District

Month and year of current assessment: February 2026

Date of last LWP revision: 2023

Website address for LWP and/or details on how public can access a copy:
sville.k12.mo.us

2. Wellness Committee Information

How many times per year does your Wellness Committee meet? 2

POLICY LEADERSHIP: Designated School Wellness Leader

Name	Job Title	Email Address
Sharon Garrett	District Health Aide	garretts@sville.k12.mo.us

PUBLIC INVOLVEMENT: School Wellness Committee Members

*A diverse group of stakeholders should be invited including Administrators, Classroom Teachers, PE Teachers, SFA Reps, School Nurses, Community Members, Parents, Students, Medical/Healthcare Professionals

Name	Job Title	Email Address
Amber Hunt	Superintendent	hunata@sville.k12.mo.us
Amanda Newby	High School Principal	newbya@sville.k12.mo.us
Dessie Bird	Elementary Principal	birdd@sville.k12.mo.us
Sharon Garrett	District Health Aide	garretts@sville.k12.mo.us
Nate Cooper	School Board Member/Parent	
Leanna Bryson	Chamber of Commerce	
Jewel Holloway	Special Services Director	hollowayj@sville.k12.mo.us
Amanda Michel	MSTA/Teacher	michela@sville.k12.mo.us

4. ASSESS School Compliance with LWP and Progress Towards Goals

- Complete the *CDC's School Health Index (SHI)* - <https://www.cdc.gov/healthyschools/shi/index.htm>;
OR *Alliance for a Healthier Generation School Level Thriving Schools Integrated Assessment (TSIA)* - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#schools>;
OR *CDC's Wellness Policy in Action Tool (WPAT)* - <https://www.cdc.gov/healthyschools/wpat/index.htm>
OR *similar assessment tool*: _____

**Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district*

- Assessment Tool Scores: _____
- Keep a copy of the results on file for at least three full school years plus the current year.

Using the tables below:

First, indicate language that is currently written in district local wellness policy in relation to each topic listed.

Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal.

Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Guidelines for All Foods & Beverages for Sale at School (School Meals, Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
It is the policy of the Summersville R-II School District that all foods and beverages sold to students during the school day on any property under the jurisdiction of the district will meet the U.S. Department of Agriculture school meal and Smart Snacks in School nutrition standards. These nutrition standards apply to all food and beverages sold to students including those sold in vending machines, school stores and through district-sponsored fundraiser, unless an exemption applies. In addition, the Smart Snacks standards apply to all food and beverages provided, but not sold, to students outside the reimbursable school meals program during the school day.		X		We will review our policy of the drinks sold in vending machines and add healthy options for the students.

Guidelines for Other Foods and Beverages Available at School, but Not Sold (celebration snacks, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
All foods and beverages the district provides or makes available to students during the school day will meet or exceed the Smart Snacks nutrition standards. This includes, but is not limited to, foods and beverages provided or made available to students for celebrations, classroom parties, and birthdays, regardless of the source of the food. The district will provide parents/guardians and district employees with a list of foods and beverages that meet the Smart Snacks nutrition standards and a list of healthy party ideas, including nonfood celebration ideas.		X		We currently provide healthy snack options at both the elementary and high school. We will improve vending machine options to offer the healthy choices. The district will compile a list of healthy snack choices for classroom snack and celebrations.

Marketing and Advertising of Only Food and Beverages that Meet Smart Snack Guidelines	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
<p>Marketing in district facilities will be consistent with the goals of the district's wellness program and educate parents/guardians regarding the quality of district foods.</p> <p>Food and beverage marketing will be limited to the promotion of foods and beverages that meet the Smart Snacks nutrition standard. Other examples of marketing and advertising the district will scrutinize include, but are not limited to, pricing strategies that promote healthy food choices; audiovisual programming; educational incentive programs; scoreboards; book cover; district transportation; and vending machine displays.</p>	X			

Nutrition Education & Nutrition Promotion Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
<p>The district's nutrition education goal is to integrate sequential nutrition education with the comprehensive health education program and, to the extent possible, the core curriculum taught at every grade level to provide students with the necessary knowledge and skills to make healthy nutrition decisions.</p> <p>Nutrition promotion that uses evidence-based techniques to encourage healthy nutrition choices and participation in school meal programs positively influences lifelong eating behaviors. Students and staff will receive consistent nutrition messages throughout district facilities. Nutrition promotion also includes marketing and advertising nutritious foods and beverages to students and is most effective when implemented consistently by school staff, parents/guardians, and the community.</p>		X		We will incorporate links for nutrition education with the food environment.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
<p>The district's physical activity goal is to assist students in learning to value and enjoy physical activity as an ongoing part of a healthy lifestyle by ensuring that every student has the opportunity to develop the knowledge, skills and desire to perform a variety of physical activities, maintain physical fitness, and regularly participate in physical activity. To achieve the physical activity goal, the district will:</p> <p>Develop a sequential program of appropriate physical education aligned with MCS for every student. Provide opportunities and encouragement for students to voluntarily participate in before and after school activity programs designed to supplement, not replace, the district's physical education offerings. Strive to provide joint school and community recreational activities. Prohibit the use of physical activity as a form of discipline or punishment and ensure that physical education and recess will not be withheld as punishment.</p>		X		We will work on incorporating the following areas in our policy: physical education training for physical education teachers, community engagement in physical activity opportunities at all schools, physical activity breaks during school, and using physical activity as a reward.

